

TUESDAY, WEDNESDAY & THURSDAY WALKS
8AM, 9AM & 10.AM STARTS.

1. ALBION, WINDSOR HERITAGE CIRCUIT – discover the many homes, parks and buildings of historic value in the area.

Distance 7 km some uphill walking

Meet Albion Railway Station

Finish Return to starting point.

2. ALGESTER CIRCUIT – takes you along bikepaths through parkland and the quiet streets of the suburb of Algester.

Distance 6.5 km mostly flat terrain

Meet Algester Rd at Nottingham, Parkinson. Bus 130

Finish Return to starting point.

3. APOLLO ROAD TO MOWBRAY PARK – This is a pleasant walk through Bulimba, Hawthorne and Norman Park.

Distance 7 km **some uphill walking**

Meet Apollo Road Ferry Terminal

Finish Mowbray Park CityCat Terminal

4. ARAUCARIA TRACK - ENOGGERA RESERVOIR – enjoy a walk in Brisbane Forest Park through open forest with views of Enoggera Reservoir.

Distance 7.5 km on bush tracks

Meet The Gap Park'n'Ride Bus 385.

Finish Brisbane Forest Park Headquarters

5. ASHGROVE, BANKS STREET RESERVE CIRCUIT – walk along one of the bush tracks which traverse Bank Street Reserve, a small, forested area tucked away in the middle of suburbia, then through the parklands of Ashgrove along Enoggera & Ithaca Creeks.

Distance 7 km some bush tracks mostly flat **one hill at end**

Meet Stewart Place, corner of Waterworks & Stewart Rd Ashgrove. Bus 350 Aspley

Finish Return to starting point.

6. ASHGROVE CIRCUIT – Admire the architecture of the area with a walk through the streets and laneways of Ashgrove. Continue along the shaded bikepath beside Enoggera Creek.

Distance 7 km mostly flat terrain with some slight uphill

Meet Stewart Place, corner of Waterworks & Stewart Rd Ashgrove. Bus 350 Aspley

Finish Return to starting point.

7. ASHGROVE NEWMARKET CIRCUIT-walk through parklands in Ashgrove and Newmarket along bikeways following Enoggera and Ithaca Creeks

Distance 7km mostly flat terrain

Meet Stewart Place, corner of Waterworks & Stewart Rd Ashgrove. Bus 350 Aspley

Finish Return to starting point.

8. ASPLEY TO RAVEN STREET RESERVE - follow the bikepath along Little Cabbage Tree Creek through back streets and bushland. Continue through Milne Hill reserve and on to Raven Street Reserve.

Distance 6 km **some uphill walking** and bush tracks

Meet Aspley Hypermarket Bus Stop. Bus 350 Aspley

Finish Downfall Creek Info Centre, Raven St. Reserve

9. AUCHENFLOWER TO ROMA STREET PARKLANDS – explore the streets of Auchenflower & Milton before passing Suncorp Stadium then on to Roma Street Parklands

Distance 6km

Meet Auchenflower Railway Station

Finish Roma Street Parklands

10. BANYO CIRCUIT – walk through the streets of Banyo and Nudgee and around the Nudgee Waterhole. Read the historical signs on the jetty and follow a track to a Bora Ring

Distance 6 km undulating terrain

Meet Banyo Railway Station

Finish Return to starting point.

11. BELLBOWRIE WALK - Bellbowrie is an outer western suburb which has a mixture of farmland, acreage, and suburban properties. A visit to the Moggill Cemetery gives an insight into the history of the area.

Distance 6 km **some uphill walking**

Meet Bus Terminus, Moggill Road, Moggill. Bus 444

Finish Bellbowrie Plaza.

12. BERRINBA WETLANDS CIRCUIT – designed to protect the natural environment this is a must see for nature lovers. Located on Wayne Goss Drive Browns Plains.

Distance 7 km mostly flat terrain

Meet Stop 2B Grand Plaza Bus Station Browns Plains. Catch Bus 545 to Browns Plains Road at Magnesium Drive. Follow Wayne Goss Drive to Wetlands Entrance.

Finish Return to Magnesium Drive Bus Stop

13. BIRKDALE – SOVEREIGN WATERS, WELLINGTON POINT WALK - is a walk through the bayside suburbs of Birkdale and Wellington Point and along the foreshore parkland at Sovereign Water beside Waterloo Bay.

Distance 7 km mostly flat terrain

Meet Birkdale Railway Station

Finish Wellington Point Railway Station

14. BIRKDALE, THORNESIDE CIRCUIT - Walk along the quiet streets of bayside suburbs and follow the esplanade along Waterloo Bay.

Distance 6.5 km mostly flat terrain

Meet Birkdale Railway Station

Finish Return to starting point.

15. BIRKDALE WETLANDS CIRCUIT - Walk along paths and bush tracks beside creeks and through Tarradarrapin Creek Wetlands

Distance 7 km some gradual inclines and bush tracks

Meet Birkdale Railway Station

Finish Return to Birkdale Station

16. BOONDALL WETLANDS - Experience the wonders of walking in the beautiful Boondall Wetlands.

Distance 6km mostly flat terrain

Meet Boondall Railway Station

Finish Return to Boondall Railway Station

17. BOWEN HILLS, BREAKFAST CREEK NEWSTEAD View old Cloudland site, Cintra House and Miegunyah House, continue to Breakfast Creek and Quan Am Temple. Return to Newstead House and follow the Brisbane River to the upgraded Old Gasworks

Distance 6 km **with gentle uphill and down steps**

Meet Bowen Hills station, Abbotsford Rd, south entrance.

Finish Gasworks Café area and Blue Glider bus stop

18. BRACKEN RIDGE TO SANDGATE – Follow suburban streets, bikeways and gravel paths through parks and wetlands.

Distance 6.5 km mostly flat terrain

Meet Bus Stop Barrett St at McKeering-Barrett - opposite shopping centre. Bus 330 City to Bracken Ridge

Finish Sandgate Railway Station

19. BRIGHTON WOODLANDS TO SANDGATE – Walk through interesting areas of woodland and continue along the seafront to Sandgate.

Distance 6 km mostly flat terrain

Meet Sandgate Bus Station outside the Railway Station, Bus 690 Redcliffe to Bus Stop Beaconsfield Terrace near Princess St Brighton. (3rd stop after Brighton Hotel)

Finish Sandgate Shops

20. BROWNS PLAINS, REGENTS PARK CIRCUIT – This is a pleasant walk following the bikepaths through the parklands and natural bushland in Logan City.

Distance 6 km mostly flat terrain

Meet Grand Plaza Bus Station Browns Plains. Bus 140

Finish Return to starting point.

21. BRUNSWICK STREET CIRCUIT – Walk through the streets and parks around Fortitude Valley and New Farm. Return via a different route.

Distance 6 km mostly flat terrain

Meet Fortitude Valley Station, near ticket office.

Finish Return to starting point.

22. CABOOLTURE CIRCUIT - A very pleasant stroll by lakes and river along tree lined tracks amid abundant wildlife.

Distance 5.5 km mostly flat terrain

Meet Caboolture Railway Station

Finish Return to starting point.

22A. CABOOLTURE RAIL TRAIL, WAMURAN TO TULLAWONG – Walk 7km on the newly completed Rail Trail with a very level sealed path.

Distance 7 km level ground

Meet Caboolture Bus Station outside Railway Station. Transfer to Christensens Bus 895 to Wamuran State School (coins needed for bus)

Finish Tullawong, Bus Stop Lidner St near Miles St, Translink Bus 651 to Caboolture Station.

23. CANNON HILL, BUSHLAND CIRCUIT – This walk is through the Cannon Hill streets, Minippi Creek bushland, continuing through the Murarrie Recreation Area & Park Hill Reserve

Distance 7 km mostly flat terrain

Meet Cannon Hill Railway Station

Finish Return to Railway Station

24. CANNON HILL, METROPLEX CIRCUIT - proceed through suburban streets to follow the path into Park Hill Estate. Then continue to the boardwalk along the wetlands, where there is an abundance of birdlife.

Distance 7 km mostly flat terrain

Meet Cannon Hill Railway Station

Finish Return to Railway Station

25. CAPALABA, TINGALPA CREEK CIRCUIT - Venture into the Coolnwynpin Creek Wetlands and through parklands and sports fields to follow Tingalpa Creek into Capalaba Regional Park.

Distance 6 km mostly flat terrain

Meet Capalaba Bus Interchange Stop D.

Finish Return to starting point

26. CARINDALE CIRCUIT – follow the bikepath through Carindale Recreation Reserve and Meadowlands Picnic Ground along the course of Bulimba Creek.

Distance 6 km mostly flat terrain

Meet Carindale Shopping Centre Interchange, stop A.

Finish Return to starting point.

27. CARINDALE NATURE TRAIL - Follow Bulimba Creek through parkland and continue through quiet streets of Carindale. Some of the wildlife spotted include Kingfishers, Curlews, Spangled Drongos and turtles to name a few.

Distance 6 km **some uphill walking**

Meet Carindale Shopping Centre Interchange, stop A.

Finish Return to starting point.

28. CARINDALE TO CANNON HILL - Follow the bikepath along the course of Bulimba Creek to finish at Cannon Hill.

Distance 7.5 km mostly flat terrain

Meet Carindale Shopping Centre Interchange, stop A.

Finish Cannon Hill Shopping Centre Bus Station

29. CARSELDINE, FITZGIBBON CIRCUIT - Enjoy a pleasant walk through quiet streets and woodland tracks in a relatively new planned suburb.

Distance 6 km level ground

Meet Carseldine Railway Station

Finish Return to Carseldine Railway Station

30. CHELMER TO SHERWOOD VIA ARBORETUM - Walk the residential streets of Chelmer, Graceville and Sherwood to Sherwood Arboretum before continuing to Sherwood Station.

Distance 5.5 km level ground with a moderate uphill at end.

Meet Chelmer Railway Station

Finish Sherwood Railway Station

30A. CHELMER TO SHERWOOD VIA OXLEY CREEK – Walk through the streets and parks of Chelmer to the Brisbane River, continue beside Oxley Creek and along Sherwood Streets.

Distance 6 km mostly flat terrain

Meet Chelmer Railway Station

Finish Sherwood Railway Station

31. CHERMSIDE HILLS CIRCUIT - Follow the bikepath along Cabbage Tree Creek and enter Chermside Hills Reserve at the Cobblestone Entrance. The tracks pass through a variety of vegetation including many fine grass trees.

Distance 7 km **some uphill walking** and bush tracks

Meet McDowall Shopping Centre, Corner Hamilton & Beckett Roads. Bus 350 Aspley

Finish Return to starting point.

32. CHERMSIDE TO GEEBUNG - Walk paths through 7th Brigade Park to Kidspace Playground. Continue through Marchant Park with its many cricket ovals and through shady Rainbow Lorikeet and Geebung Parks.

Distance 7 km mostly flat walking with a gentle hill.

Meet Chermside Bus Station. Bus 333 Chermside

Finish Geebung Shops and Railway Station

33. CHERMSIDE, VIRGINIA CIRCUIT - Walk the bikepaths through 7th Brigade Park and follow Downfall Creek through parklands to Virginia. Return along the bikepath to start

Distance 7 km mostly flat walking

Meet Chermside Bus Station Bus 333 Chermside

Finish Return to Chermside

Short Option Leave walk to catch train at Virginia Railway Station

34. CITY GARDENS TO HILL END – Walk through the City Botanic Gardens cross the river to continue along the south bank of the river.

Distance 6 km mostly flat terrain

Meet Rotunda, City Botanic Gardens via Albert Street Gates

Finish Orleigh Park, Hill End

35. CITY GARDENS TO NEW FARM - Enjoy the walk through the Brisbane Botanic Gardens. Follow the boardwalk to the Riverside Centre and Waterfront then to New Farm Park.

Distance 5 km mostly flat terrain

Meet Rotunda, City Botanic Gardens via Albert St Gates

Finish New Farm Park

36. CITY PARKLANDS - Enjoy a walk from South Bank Parklands to Roma Street Parkland, two of Brisbane's most popular parklands.

Distance 7 km mostly flat terrain

Meet Maritime Museum adjacent to Goodwill Bridge

Finish King George Square

37. CLEVELAND POINT CIRCUIT - Walk through the streets and parkland of Raby Bay to Cleveland Point. Return through the suburb of Cleveland.

Distance 7 km mostly flat terrain

Meet Cleveland Railway Station

Finish Return to starting point.

38. CLONTARF TO SANDGATE – Enjoy the walk across the Ted Smout Bridge. Continue along the esplanade to Sandgate.

Distance 8 km mostly flat terrain

Meet Sandgate Bus Stn outside the Railway Stn, Bus 690 to Hornibrook Esp. at Clontarf Beach West

Finish Sandgate Railway Station

For a shorter option leave the walk after 3km to catch the bus on Hornibrook Highway at Twenty Fifth Ave. or join the walk at South end of bridge.

39. COOCHIEMUDLO ISLAND - is a small island off the coast from Victoria Point, a perfect place to enjoy walks along the sandy beaches, the bush tracks and amongst the mangroves.

Distance Varies – mostly flat terrain and some beach walking

Meet Victoria Point Jetty. (Bus 270 Carindale Stop J)

Finish Return to Victoria Point.

40. COORPAROO, BRIDGEWATER WETLANDS CIRCUIT - Walk through many parks in the Coorparoo area including Wembley Park and the Bridgewater Wetlands.

Distance 7 km mostly flat terrain

Meet Coorparoo Railway Station

Finish Return to Coorparoo Station

41. COORPAROO TO MOWBRAY PARK – follow the bike path along Norman Creek through recreation areas and parkland. Continue to Mowbray Park.

Distance 5km mostly flat terrain

Meet Coorparoo Railway Station

Finish Mowbray Park Ferry Terminal

42. CORINDA, CLIVEDEN AVENUE CIRCUIT – Walk through the streets and parklands of Corinda, including 2km on a track in the Cliveden Ave Reserve, a remnant of bushland in an urban area.

Distance 7 km mostly flat terrain

Meet Corinda Railway Station

Finish Return to starting point.

43. DAISY HILL BUSHLAND – Daisy Hill Conservation Park provides eucalypt habitat for koalas and other wildlife and features many walking tracks.

Distance 7 km **some uphill walking**

Meet Springwood Bus Station Pl 2. Cross road via overhead bridge to Pl.1 Bus 574 to Kinloch Street then walk 900mtrs to entrance to park.

Finish Return to bus stop at Kinloch Street. Bus to either Springwood or Loganholme station.

44. DEAGON TO SANDGATE-Walk by the Deagon Racecourse, through Deagon Wetlands, round Third Lagoon, through streets to Bramble Bay then on the esplanade to Sandgate.

Distance 7km mostly flat terrain

Meet Deagon Railway Station

Finish Sandgate shops & Railway Station

44 A. DECEPTION BAY CIRCUIT – Begin on suburban streets then follow the coastal paths of Deception Bay to Market Square.

Distance 6 km mostly level ground

Meet Bus Station outside Rothwell Railway Station. Transfer to Bus 665 to first bus stop on Bailey Road.

Finish Market Square, Deception Bay

45. DUTTON PARK CORSO TO FAIRFIELD - A pleasant riverside walk along the Brisbane Corso extending through Fairfield and Yeronga with picturesque homes and gardens.

Distance 6.5 km mostly flat terrain

Meet Dutton Park Place Bus Stop first stop after Boggo Rd. Bus 66 UQ Lakes

Finish Fairfield Gardens Shopping Centre

46. FERNY HILLS TO MCDOWALL VILLAGE – walk on paths following the course of Upper Cabbage Tree Creek and some suburban streets.

Distance 6.5km mostly flat terrain, moderate hills

Meet Ferny Grove Railway Station. Transfer 397 to Bus stop on Tarnook Dr at Ukamirra Ct Ferny Hills

Finish McDowall Village, buses to City & Chermside.

47. FOREST LAKE SUMMER CIRCUIT – A pleasant walk throughout parks, along shaded bikepaths and designed to avoid the summer heat.

Distance 6 km mostly flat terrain **some slight uphill walking**

Meet Bus Stop at Forest Lake Boulevard opposite Forest Lake Shops, Bus 460 Heathwood

Finish Return to starting point.

48. GARDEN CITY, BULIMBA CREEK CIRCUIT – A fairly level walk through the streets of Wishart to the bike path along Bulimba Creek.

Distance 7 km mostly flat terrain **some uphill**

Meet Garden City bus interchange stop B

Finish Return to Garden City Shopping Centre

49. GOLD COAST LIGHT RAIL WALK – catch the light rail to Main Beach Station at the Gold Coast Bridge then walk the length of The Spit to the Seaway along the Federation Walk

Distance varies – up to 10km.

Meet Helensvale Light Rail Station from Gold Coast train

Finish Return to starting point.

Option Catch the light rail or walk 3km to Surfers Paradise

50. GREENBANK, BORONIA BUSHLAND WALK.– walk through the Boronia Bushland Reserve and parks in the Greenbank, Boronia Heights and Hillcrest areas.

Distance 6 km mostly flat terrain

Meet Carlton Road near Middle Road, Greenbank.

Transport Bus 541, Park Ridge Transit, from Browns Plains Plaza Bus Stop.2B

Finish Middle Road Shopping Village, Coronation Road. Bus 541 to Grand Plaza Browns Plains

51. GRINSTEAD PARK, ALDERLEY CIRCUIT- walk beside Kedron Brook to Grange and return via lanes and bush paths to Grinstead Park.

Distance 6 km mostly flat terrain

Meet Grinstead Park, Alderley. Bus 345 Aspley, to Shand Street at Sickfield Rd. Stop 31.

Finish Return to starting point.

- 52. GUYATT PARK, ST LUCIA UNIVERSITY CIRCUIT** - Walk beside the river through the grounds of UQ including the Alumni Garden Teaching Rainforest Walk. Return through the streets and parks of St Lucia including Banksia Park – a small bushland area maintained by local residents.
Distance 6 km mostly flat terrain
Meet Guyatt Park Ferry Terminal, St Lucia
Finish Return to starting point.
- 53. HERSTON TO ASHGROVE** – walk follows the bikepath along Enoggera Creek through parklands of Ashgrove, Newmarket, Wilston and Windsor.
Distance 6km mostly flat terrain
Meet Herston Bus Stn near Herston Rd. Buses 330,333,340
Finish Stewart Place Ashgrove
- 54. HOLLAND PARK TO STONES CORNER** – Walk through the parks and streets of Holland Park & Greenslopes and continue along the bike path to Stones Corner
Distance 7 km mostly flat terrain
Meet Bus stop 34 Logan Road at Mt Thompson Mt Gravatt. Bus 170 Garden City
Finish Stones Corner
- 55. HOLMAN STREET CIRCUIT** – Walk beside the river to complete a circuit.
Distance 6 km mostly flat terrain
Meet Holman Street Ferry Terminal
Finish Return to starting point.
- 56. INALA TO FOREST LAKE** - A pleasant walk following the bikepaths through to the beautiful Forest Lake recreation area.
Distance 6.5 km mostly flat terrain, some bush tracks
Meet Inala Plaza Bus Stop, Bus 100 Forest Lake
Finish Forest Lake Shopping Village
- 57. INDOOROOPILLY, BOUGAINVILLEA CIRCUIT** – After crossing the railway line, walk through the leafy streets of beautiful older homes to Thomas Park Bougainvillea Gardens.
Distance 6 km mostly flat terrain
Meet Indooroopilly Shopping Centre Bus Station. Bus 444
Finish Return to starting point.
- 58. INDOOROOPILLY, GRACEVILLE CIRCUIT** - Cross the pedestrian/bike bridge and continue along the river through Chelmer and Graceville.
Distance 6 km mostly flat terrain
Meet Indooroopilly Railway Station
Finish Return to starting point.
- 59. INDOOROOPILLY, LAUREL AVENUE WALK** - Cross the Brisbane River and walk throughout Chelmer, Graceville and Sherwood featuring century old trees and restored Queenslanders.
Distance 6 km mostly flat terrain
Meet Indooroopilly Railway Station
Finish Graceville Railway Station
- 60. INDOOROOPILLY RIVERWALK, CLARINA STREET PARK CIRCUIT** – Experience Indooroopilly Riverwalk. Suburban streets, bush tracks and steep steps.
Distance 5.5 km
Meet Indooroopilly Railway Station
Finish Return to starting point.
- 61. INDOOROOPILLY TO TOOWONG** - Discover the quiet streets of Taringa. Follow the ridges of Swann Road and enjoy the city views. Continue through Perrin Park and Oakman Park
Distance 6 km undulating terrain
Meet Indooroopilly Shopping Centre Bus Station
Finish Toowong Village

62. INNER CITY PARKS - This walk takes in many of the inner-city parks and includes many significant trees.

Distance 6 km **some steps and uphill walking**

Meet Anzac Square, Adelaide Street

Finish City Botanic Gardens

63. IPSWICH WALK – walk through the streets of Ipswich with its beautiful Heritage Buildings and the many parks including Queens Park with its Japanese Garden.

Distance 6 km **some uphill walking**

Meet Ipswich Railway Station, Bell Street entrance

Finish Return to starting point.

64. KANGAROO POINT TO TOOWONG – walk beside the Kangaroo Point Cliffs, cross the river, and continue along the north bank.

Distance 6.5 km mostly flat terrain

Meet Holman Street Ferry Terminal

Finish Regatta Ferry Terminal

65. KANGAROO POINT CIRCUIT - Walk to Mowbray Park through the streets of Kangaroo Point and continue to Williamina Park (named after Mrs. Mowbray)

Distance 6 km mostly flat terrain

Meet Holman Street Ferry Terminal

Finish Return to starting point.

66. KARAWATHA FOREST PARK – This walk through the forest skirts outcrops of sandstone. The wet heathlands and melaleuca swamps in Karawatha Forest provide a home for many species of wildlife - birds, mammals, frogs, and reptiles.

Distance varies – some uphill walking & rough terrain.

Meet Trinder Park Railway Station

Finish Return to starting point.

67. KARRAGARRA ISLAND – Take a water bus ride to Karragarra Island - one of the beautiful Bay islands, then enjoy a

walk along the very quiet streets and grassy areas

Distance 5 km approx. mostly flat terrain

Meet Redland Bay Marina, southern end Banana Street, bus 280 or 250 Redland Bay

Finish Return to Marina

68. KEDRON BROOK CIRCUIT - Follow Kedron Brook to Gympie Road and return on the bikepath past the duck pond through Shaw Park to Toombul.

Distance 6 km mostly flat terrain

Meet Toombul Railway Station. West side at Collins Street

Finish Return to Toombul Shopping Town

69. KEDRON TO LUTWYCHE VIA EILDON HILL–Follow the bikeway beside Kedron Brook, through parkland to the quiet Queenslander lined streets of The Grange, climbing to 360° views from Eildon Hill and through parkland to Lutwyche Centro.

Distance 7 km mostly flat terrain with **one steep hill**

Meet Bus stop 23 Kedron Park Bus Station. Bus 333 or 340

Finish Lutwyche Centro, Lutwyche Road

70. KEPERRA TO BROOKSIDE – follow Kedron Brook using the bikeway and quiet suburban streets.

Distance 7 km mostly flat terrain

Meet Keperra Railway Station

Finish Brookside Shopping Centre or continue to Mitchelton Station

71. LOGANLEA CIRCUIT - A walk through the suburbs of Loganlea and Meadowbrook in Logan City featuring Riverdale Park which is bordered by the Logan River and Slacks Creek.

Distance 7 km mostly flat terrain

Meet Loganlea Railway Station

Finish Return to starting point.

72. MACGREGOR CIRCUIT – Walk along bikepaths through parkland and streets of MacGregor and Sunnybank beside Bulimba Creek.

Distance 7 km mostly flat terrain

Meet Bus stop on Mains Road at Sunnybank. Bus 130 Algester

Finish Return to starting point.

73. MACLEAY ISLAND WALK –view some of the island’s “Cheeks on Seats” sculpted locally using recycled timber. The seats are placed at lookouts & viewing points throughout the Perulpa Point walk. Allow a full day for this walk with the option of lunch or snacks at the Macleay Island Golf Club at very reasonable costs – courtesy bus available to take walkers back to the ferry jetty

Distance Approx. 6kms **some uphill walking at start**

Meet Redland Bay Marina, Banana St. Redland Bay

Finish Return to starting point.

74. MANDALAY, FIG TREE POCKET – Walk from Lone Pine passing acreage properties to Mandalay Park. Take a walk beside the river and continue through the streets of Mandalay. A feature of this walk is the Biami Yumba Reserve.

Distance 6 km mostly flat terrain

Meet Lone Pine Sanctuary bus stop, Fig Tree Pocket. Bus 445 Mandalay/Lone Pine

Finish Mandalay Bus Terminal

75. MANGO HILL TO LAWNTON – Follow the shared pathway contracted as part of the new Kippa Ring railway to Petrie and then paths through parkland to Lawnton

Distance 7.5km mostly flat terrain

Meet Mango Hill Railway Station

Finish Lawnton Railway Station

76. MT COOT-THA BOTANIC GARDENS – Walk through any of the beautiful gardens including rainforest, Australian native and Japanese. Check out the new extension and discover the wonderful work of converting Legacy Way’s worksite to interesting gardens, picnic areas and lagoons.

Distance About 5km – mostly flat terrain, **some uphill walking**

Meet Mt Coot-tha Gardens bus stop 19. Bus 471

Finish Return to starting point.

77. MT COOT-THA SUMMIT TO BOTANIC GARDENS– leave Summit Lookout through lower car park. Cross access road and follow Mahogany Trail to grassed area above JC Slaughter lower car park. Follow track to east and junction of main roads. Continue down to Botanic Gardens

Distance 6 km on gravel tracks, moderate gradients **mainly downhill with some uphill walking.**

Meet Mt Coot-tha Summit Lookout. Bus 471 from city

Finish Mt Coot-tha Botanic Gardens.

77A. MT COOT-THA SUMMIT TO BARDON – Descend on the Mahogany Track, follow the path through Hoop Pine and Silky Oaks Picnic Areas. Continue on suburban streets to Bardon

Distance 6 km **moderate downhill with some uphill walking.**

Meet Mt Coot-tha Summit Lookout. Bus 471 from city

Finish Bardon West at Bowman Park.

78. NARANGBA VALLEY TO BURPENGARY PLAZA – A gentle walk following tributaries of Burpengary Creek, through parks with a few connecting suburban streets.

Distance 6km level terrain

Meet Bus Stop west side of Narangba Railway Station. Bus 663 Narangba local service. (If train is late wait for next bus) to bus stop on Rifle Range Rd. opposite Florence Court.

Finish Burpengary Plaza Shops. Buses to Burpengary Station, Caboolture, and Redcliffe.

79. NEW FARM HERITAGE WALK – an easy walk through the streets of New Farm looking at different types of older buildings with some history.

Distance 6 km level terrain

Meet Fortitude Valley Railway Station near ticket office.

Finish New Farm Park

80. NEW FARM PARK TO PORTSIDE – walk through the quiet streets of New Farm then follow the river around the historic Newstead Park and continue on the Hamilton River walk.

Distance 7 km mostly flat terrain

Meet New Farm Park, Ferry Terminal

Finish Portside

81. NORMAN PARK TO SOUTH BANK – Walk through the streets of Norman Park and East Brisbane. Continue beside the Kangaroo Point Cliffs and Dockside, to South Bank.

Distance 7 km mostly flat terrain

Meet Norman Park Railway Station

Finish South Bank

82. ORIEL PARK, ASCOT, HAMILTON HERITAGE CIRCUIT –View the city from Bartleys Hill Lookout then stroll along the streets of Hamilton and Ascot observing some of the grand dwellings.

Distance 6 km **some uphill walking**

Meet Bus stop 27, Alexandra Rd at Reeve St. Oriel Park, bus 300 Toombul via Hamilton.

Finish Oriel Park, Ascot

83. ORMISTON CIRCUIT - A pleasant walk throughout quiet streets and parkland returning along a track through the regenerated mangrove area.

Distance 6 km mostly flat terrain with one uphill section

Meet Ormiston Railway Station

Finish Return to starting point.

84. PARK ROAD TO TOOWONG VIA THE ELEANOR SCHONELL BRIDGE – cross the Brisbane River and take a scenic walk through the Queensland University grounds continuing beside the river to Toowong.

Distance 6 km mostly flat walking.

Meet Park Road Railway Station.

Finish Toowong Railway Station.

85. PELICAN PARK TO REDCLIFFE – Walk beside Bells Creek, through parkland and along the streets of Margate finishing at Redcliffe Parade, shops and jetty.

Distance 6 km mostly flat walking.

Meet Sandgate Bus Station outside the Railway Station.

Bus 690 Redcliffe to bus stop on Hornibrook Esp. at Pelican Park.

Finish Redcliffe.

86. PETRIE, MUNGARRA LAKES CIRCUIT – A gentle walk throughout parkland adjacent to North Pine River

Distance 7 km mostly flat terrain

Meet Petrie Railway Station.

Finish Return to Petrie Station.

86A. PETRIE, LAKE KURWONGBAH TO PETRIE. Bus from Petrie Station, view Lake Kurwongbah and dam spillway, follow paths through Youngs Crossing to Mungarra Lakes and continue to Petrie.

Distance 7 km undulating terrain, **some moderate uphill**

Meet Petrie Railway Station. Transfer to bus 686 Frenchs Forest to 2nd stop on Kurwongbah Dr.

Finish Petrie Railway Station

87. RAVEN STREET RESERVE TO CHERMSIDE – Follow Downfall Creek bikeway to Kidspace Playground then south to Chermside Shopping Centre

Distance 6 km mostly flat terrain

Meet Bus stop on Maundrell Terrace Stafford Heights near Rode Rd. Bus 345 Aspley

UBD Map 119 H 16

Finish Chermside Shopping Centre

88. REDBANK CIRCUIT – Walk through the streets and parks of Redbank and Collingwood Park

Distance 6 km mostly flat terrain

Meet Redbank Railway Station.

Finish Return to starting point.

89. REDLAND BAY CIRCUIT – A walk along the foreshore, bushland, and parklands in the beautiful Redland Bay area.

Distance 7 km mostly flat terrain

Meet Bus Stop Redland Bay shops

Transport Train Cleveland Line to Cleveland Station. Bus 250 from Shore Street.

Finish Return to Redland Bay Shops

90. RIVERSIDE TO HOLMAN STREET VIA DOCKSIDE – Walk along the north bank of the river before crossing the Goodwill Bridge and continuing on the south bank to Thornton St. Walk through Dockside to the river continue to Holman St.

Distance 7 km mostly flat terrain

Meet Riverside Ferry Terminal

Finish Holman Street Ferry Terminal

91. RIVERSIDE TO SOUTH BANK – After walking along the north bank of the river cross the Goodwill Bridge and continue to South Bank via Dockside.

Distance 7 km mostly flat terrain

Meet Riverside CityCat terminal

Finish South Bank Parkland

Option Join or leave walk at south end of Goodwill Bridge.

92. ROMA STREET - YORKS HOLLOW walk throughout Albert and Victoria Parks, crossing the land bridge at Yorks Hollow Lagoon and return via bikepaths and parklands.

Distance 4 km mostly flat terrain with **some uphill walking**

Meet Roma Street Station outside platform 10

Finish King George Square

93. ROMA STREET PARKLAND, CITY WALK – Enjoy a walk throughout Roma Street Parkland and explore the many unique precincts. Then cross the land bridge at Yorks Hollow and return to the city.

Distance 6 km mostly flat terrain

Meet Roma Street Station outside platform 10

Finish King George Square

94. SANDGATE, CABBAGE TREE CREEK CIRCUIT – A pleasant walk following paths through parks and continuing along the seafront.

Distance 6 km mostly flat terrain

Meet Sandgate Bus Station outside the Railway Station

Finish Return to starting point.

95. SANDGATE CIRCUIT – A pleasant walk following paths through parks and past heritage style houses before continuing to the seafront via Moora Park.

Distance 6 km mostly flat terrain

Meet Sandgate Bus Station outside the Railway Station

Finish Return to starting point.

96. SANDGATE LAGOON CIRCUIT – Walk around the Einbunpin and Dowse Lagoons then continue to the foreshore beside Bramble Bay enjoying the cool sea breezes.

Distance 6 km mostly flat terrain

Meet Sandgate Bus Station outside the Railway Station

Finish Return to starting point.

97. SCARBOROUGH TO KIPPARING – Walk along the esplanade of South Deception Bay. See Captain Cooks' view of the Glasshouse Mountains. Continue through Newport Waterways canal estate and Talobilla Park to Peninsular Fair shops.

Distance 6 km mostly flat terrain

Meet Sandgate Bus Station outside the Railway Station Bus 691 Scarborough Rd at Fifth Ave.

Finish Peninsula Fair Shopping Centre- choice of bus or train for return to Brisbane.

98. SCARBOROUGH TO REDCLIFFE – Follow coastal paths past Scarborough Boat Harbour, Scarborough Point and Queens Beach to Redcliffe

Distance 6 km mostly flat terrain

Meet Sandgate Bus Station outside the Railway Station Bus 691 to Scarborough Rd at Jeays Street (2nd stop past Southern Cross College).

Finish Redcliffe Jetty & Bus Interchange

99. SHORNCLIFFE CIRCUIT - Walk through the upper section of Moora Park to enjoy the views then return along the foreshore and through the lower section with its large shady trees.

Distance 7 km mostly flat terrain

Meet Shorncliffe Railway Station

Finish Return to starting point.

100. SLACKS CREEK WALK – MEADOWBROOK TO SPRINGWOOD– A pleasant walk following Slacks Creek, listening to the many birds & enjoying the wonders of nature.

Distance 7 km mostly flat terrain

Meet Loganholme Bus Station Stop F. Bus 555 Loganholme. Transfer to Bus 553 Trinder Park, Stop F to Queens Road near Meakin Road Bus Stop.

Finish Springwood Bus Station – Shopping Centre

101. SOUTH BANK DOCKSIDE CIRCUIT - Follow the path through South Bank and beside the Kangaroo Point. Cliffs to access the boardwalk to Dockside. Return along the top of the cliffs

Distance 6 km mostly flat terrain

Meet South Bank at the Wheel of Brisbane

Finish Return to starting point.

102. SOUTH BANK TO NEW FARM PARK - Follow the path beside Kangaroo Point Cliffs to Captain Burke Park. Cross the Story Bridge then follow New Farm Riverwalk beside the river to New Farm Park.

Distance 7.5 km mostly flat terrain

Meet Maritime Museum Ferry Terminal

Finish New Farm Ferry Terminal

103. SOUTH BANK, HILL END CIRCUIT – Enjoy a walk through South Bank and beside the river to Orleigh Park before returning along Hardgrave Road and West End streets to South Brisbane.

Distance 7 km mostly flat terrain

Meet South Bank at the Wheel of Brisbane

Finish Return to starting point.

104. SOUTH BANK, WOOLLOONGABBA CIRCUIT – Walk through the old streets of South Brisbane and Woolloongabba and return through Mater Hill.

Distance 6 km **some uphill walking**

Meet South Bank at the Wheel of Brisbane

Finish Return to starting point.

105. SPRING HILL WALK - This charming hilly suburb in the heart of Brisbane is lined with narrow streets, terrace houses and cottages.

Distance 5 km some uphill walking

Meet King George Square near Ann Street

Finish Return to city

106. SPRINGFIELD LAKES – enjoy a walk around Springfield Lakes and continue through parkland and quiet streets. Finish with a walk through the Robelle Domain.

Distance 7 km undulating terrain

Meet **Springfield** Railway Station

Finish Springfield Central Railway Station

107. ST LUCIA TO INDOOROOPILLY – Walking between the lakes on the UQ campus, we pass the entrances of many residential colleges. Meandering along the river, we pass a golf course, three schools of some note.

Distance 6 km mostly flat terrain – **a couple of inclines**

Meet St Lucia University CityCat terminal

Finish Indooroopilly Shopping Centre or nearby train station

108. SUNNYBANK HILLS CIRCUIT – Walk through the parks and streets in the Sunnybank Hills and Calamvale areas including the Brady Bushland Park.

Distance 7 km mostly flat terrain with **some uphill walking**

Meet Calam Rd near Honeywood St at Sunnybank Hills Shopping Centre bus stop. Bus 140

Finish Return to starting point.

109. SYDNEY STREET TO HOLMAN STREET – The river walk is best started before the sun heats up, then continue beside the river to cross the Goodwill Bridge. Continue on the south bank of the river to Kangaroo Point.

Distance 6 km mostly flat terrain

Meet Sydney Street CityCat Terminal

Finish Holman Street Ferry Terminal

110. TENERIFFE CIRCUIT – walk through the streets of Teneriffe and New Farm to Teneriffe Park, continue down through the tall trees and vegetation back to the river.

Distance 7 km **some gentle uphill walking**

Meet Teneriffe Ferry Terminal, Commercial Rd.

Finish Return to starting point.

111. THE FOUR BRIDGES CIRCUIT – Walk across The Goodwill, Kurilpa, Go Between and Victoria Bridges, enjoying the many differing views of Brisbane River and the parklands on the north and south of the city.

Distance 6 km mostly flat terrain

Meet South Bank at the Wheel of Brisbane

Finish Return to starting point.

112. THORNESIDE TO BIRKDALE via ST JAMES PARK Enjoy a pleasant walk through parklands and bushlands, walk beside Tingalpa Creek to pass Howeston Golf Course before continuing on to Birkdale.

Distance 7km mostly flat terrain

Meet Thorneside Railway Station

Finish Birkdale Railway Station

113. THORNESIDE TO LOTA –enjoy a walking trail linking local parklands and bushland reserves (when tides allow). A perfect way to explore the natural bayside areas and parklands.

Distance 6 km mostly flat terrain, slight uphill to finish

Meet Thorneside Railway Station

Finish Lota Railway Station

114. TINCHI TAMBA WETLANDS – Cross bridge over the Gateway Arterial and walk to Deep Water Bend Reserve. Explore tracks through the wetlands.

Distance 7 km mostly flat terrain

Meet Bus stop on Railway Pde near Bayview Terrace Geebung, opposite the Railway Stn. Bus 327 to Stop 56. On Arnica Cres. Near Gus Davies Park Bald Hills

Finish Bus stop Gawain Road, Bracken Ridge at Shops

115. TOOHEY FOREST, NATHAN CIRCUIT - Walk through open eucalypt forest with some vine forest and closed scrub along the creeks and gullies. The woodlands around the Griffith University Campus feature heath and understorey plants.

Distance Varies **some uphill walking** and rough terrain

Meet QEII Hospital bus stop, Troughton Rd, Coopers Plains. Bus 155 Calamvale

Finish Return to starting point.

116. TOOMBUL to STAFFORD – walk through parklands along the bikeway which follows Kedron Brook

Distance 7km generally level with **slight uphill section**

Meet Toombul Railway Station West side at Collins Street

Finish Stafford City Shopping Centre

117. TOOWONG TO MILTON - This walk explores some landmarks around Toowong & Milton – stadiums, memorials, schools of note, old homes and their history

Distance 6 km mostly level with **some uphill walking**

Meet Toowong Railway Station entrance

Finish Milton Railway Station

118. TOOWONG TO RIVERSIDE - Walk along the Coronation Bikeway on the north bank of the Brisbane River through to Riverside.

Distance 6 km mostly flat terrain

Meet Toowong Railway Station Entrance

Finish Riverside CityCat terminal

119. VICTORIA POINT CIRCUIT – Enjoy sea breezes from Moreton Bay whilst walking along the esplanade to the Environmental Reserve on Erapah Creek.

Distance 7 km mostly flat terrain

Meet Victoria Point Jetty

Finish Return to Victoria Point Jetty.

BYO lunch and enjoy a picnic at Victoria Point Reserve.

120. VIRGINIA TO GEEBUNG - Follow the bike path from Virginia Railway Station through parkland to 7th Brigade Park Kidspace Playground. Continue through Marchant, Rainbow Lorikeet and Geebung parks.

Distance 6 km mostly flat terrain

Meet Virginia Railway Station

Finish Geebung Railway Station

121. WALTON BRIDGE CIRCUIT - Enjoy a walk along Fish Creek and suburban streets to Enoggera Dam and return along the valley of Enoggera Creek

Distance 7 km mostly undulating terrain

Meet Walton Bridge Reserve North, Waterworks Rd, The Gap. Bus 385

Finish Return to The Gap Village

Option Leave the walk after 4km at The Gap Park'n'Ride

122. WELLINGTON POINT, LAGOON CIRCUIT - is an interesting walk through the suburb of Wellington Point.

Distance 7 km mostly flat terrain

Meet Wellington Point Railway Station

Finish Return to starting point.

123. WELLINGTON POINT, ORMISTON WALK – An interesting walk in these bayside suburbs featuring a boardwalk through swampland.

Distance 7 km mostly flat terrain

Meet Wellington Point Railway Station

Finish Ormiston Railway Station

124. WEST END TO CITY BOTANIC GARDENS – An invigorating walk through Orleigh Park along the bikepath heading towards the city, continuing beside the river.

Distance 6 km mostly flat terrain

Meet West End CityCat Ferry Terminal

Finish City Botanic Gardens

125. WEST END TO SOUTH BANK – An invigorating walk through Orleigh Park along the bikepath heading towards the city, continuing beside the river to South Bank Parklands

Distance 5 km mostly flat terrain

Meet West End CityCat Ferry Terminal

Finish South Bank Parklands

126. WEST END TO TOOWONG – Walk through Orleigh Park and continue beside the river on Riverside Drive. Cross the Go Between Bridge and continue on Coronation bike path.

Distance 6 km mostly flat terrain

Meet West End CityCat Ferry Terminal

Finish Regatta Ferry Terminal or Toowong Station

127. WINDEMERE, EDENBROOKE - Walk beside the river on the shady path under the Centenary Bridge. Discover Rocks Riverside Park before continuing through to Edenbrooke on paths, boardwalks and bush tracks.

Distance 8 km **some uphill** (shorter options 5,6 or 7km)

Meet Sinnamon Rd. Jindalee bus stop (near Bowls Club). Bus 453.

UBD Map 177 P 19

Finish Mt Ommaney Shopping Centre (or options)

128. WINDEMERE, ROCKS RIVERSIDE PARK WALK– Walk through Jindalee and beside the river through the Windemere estate and continue to the Rocks Riverside Park.

Distance 6 km (option for longer walks) mostly flat terrain

Meet Sinnamon Rd. Jindalee bus stop (near Bowls Club).

Finish Seventeen Mil Rocks Road Bus Stop (or options).

129. WINDSOR TO THE CITY – Visit Northey Street City Farm, a community managed enterprise that produces fruit, vegetables and herbs using organic farming methods. Continue along the bikepath through the many parks and playing fields along Enoggera Creek

Distance 6km mostly flat terrain

Meet Windsor Railway Station

Finish The City

130. WINDSOR, NEWMARKET – ASHGROVE – walk through suburban streets and follow the bikepath along Enoggera Creek through parklands of Windsor, Wilston, Newmarket and Ashgrove.

Distance 6 km mostly flat terrain

Meet Windsor Railway Station

Finish Corner Waterworks & Stewart Roads, Ashgrove

131. WOODY POINT TO REDCLIFFE – Follow coastal path through Woody Point and Margate to Redcliffe Jetty.

Distance 6km mostly level ground

Meet Sandgate Bus Station outside the Railway Station. Bus 690 Redcliffe to bus stop on Hornibrook Esp. at Bramble Bay Bowls Club near Victoria Ave

UBD Map 91 K 17

Finish Redcliffe Jetty and bus interchange

132. WYNNUM TO MANLY – includes the Mangrove Boardwalk before following the esplanade beside the bay.

Distance 6 km mostly flat terrain

Meet Wynnum Railway Station

Finish Manly Railway Station

133. WYNNUM NORTH TO WYNNUM CENTRAL – includes the Birdhide (when tides allow), as well as the Mangrove Boardwalk before following the esplanade beside the bay.

Distance 6.5 km mostly flat terrain

Meet Wynnum North Railway Station

Finish Wynnum Central Railway Station

134. YERONGA – MOOROOKA CIRCUIT - Follow Honour Avenue through Yeronga Park with its plaques depicting names of men and women who lost their lives in World War 1. The walk continues along quiet streets, laneways and parklands through Yeronga.

Distance 7 km **some uphill walking**

Meet Yeronga Railway Station

Finish Return to starting point.

MONDAY AFTERNOON WALKS

3.30 PM START

All afternoon, Saturday morning & evening walks are a circuit and approximately 1½ hours in duration. The distance varies with mostly flat terrain following paths and bikepaths. All walks are a circuit.

A 1. BAYCHESTER LAGOON, WAKERLEY CIRCUIT is a mixture of wetlands, parklands and a new estate with a pleasant walk around the lagoon - **some uphill walking**.

Meet Small park, Gordon Crescent off Arenga Street

UBD Map 162 R 16 (continued)

A 2. BULIMBA - VARIATION – CHOICE CIRCUIT - There is the choice of either a flat walk or a variation which includes some hills

Meet Bulimba Memorial Park Cnr Oxford & Stuart Streets.

UBD Map 20 F 5 some uphill walking (optional).

A 3. CANNON HILL, METROPLEX WALK – an enjoyable walk through the Park Hill Village to the Metroplex Wetlands.

Meet Cannon Hill Railway Station - **some uphill walking**.

A 4. CARINA WALK – BELMONT, TINGALPA - A parkland and suburban walk to Kianawah Park.

Meet Meadowlands Picnic Ground, Meadowlands Rd, Carina (Belmont Road side of bridge).

UBD Map 182 D 1

A 5. CARINA WALK – DAIRY SWAMP - a quiet bushland and wetland walk accompanied by bird songs and passing an interesting horse property - **some uphill walking**.

Meet Meadowlands Picnic Ground, Meadowlands Rd, Carina (Belmont Road side of bridge).

UBD Map 182 D 1

A 6. CARINA WALK – EQUINE AND RIPARIAN

Meet Meadowlands Picnic Ground, Meadowlands Rd, Carina (Belmont Road side of bridge).

UBD Map 182 D 1

MONDAY AFTERNOON WALKS
3.30 PM START

All afternoon, Saturday morning & evening walks are a circuit and approximately 1½ hours in duration. The distance varies with mostly flat terrain following paths and bikepaths. All walks are a circuit.

A 7. CARINA – MINNIPPI WALK - A flat walk through parkland and around the Minnippi Lagoon with its varied birdlife.

Meet Meadowlands Picnic Ground, Meadowlands Rd. Carina (Belmont Road side of bridge).

UBD Map 182 D 1

A 8. CARINDALE – BULIMBA CREEK WALK - some uphill walking.

Meet Carindale Bus Station Stop F

UBD Map 181 N 6

A 9. CARINDALE HILLS CIRCUIT - This walk has a blend of bushland, grassland and pleasant hills enhanced by lovely views - **some uphill walking.**

Meet Greendale Way near roundabout off Scrub Road

UBD Map 182 A 13

A 10. CARINDALE NATURE TRAIL is a mostly flat walk through parkland and bushland beside Bulimba Creek - **some uphill walking.**

Meet Carindale Bus Station Stop F

UBD Map 181 N 6

A 11. COORPAROO, BRIDGEWATER CREEK VARIATION

Meet Small park Corner Leicester St & Newman Av.

UBD Map 180 P 31

A 12. DURRINGTON PARK, WYNNUM WEST – A pleasant mostly flat walk through parks and bushland.

Meet Wynnum Plaza, Plaza street end by the post boxes

UBD Map 163 B 6

A 13. HEMMANT - LAGOON AND WETLAND WALK – walk around the Hemmant Lagoon followed by a stroll through the Tingalpa Wetlands - **some uphill walking.**

Meet Carpark, Hemmant Reserve, Fleming Rd Hemmant

UBD Map 162 L 9

A 14. LOTA – LOTA CREEK – this is a very pleasing walk through the environs of Lota, including wildlife, a creek, a marina, Waterloo Bay, Mangroves and views

Meet Lota (Camping Reserve) Park opp. Alexander St

UBD Map 163 R 10/11 - **some uphill walking.**

A 15. LOTA-RANSOME CIRCUIT - A quiet walk along Lota Creek and across the boardwalk to the Ransome Bushland.

Meet Lota Railway Station

UBD Map 163 Q 11

A 16. MAYFAIR VILLAGE MANLY WEST - CIRCUIT

Meet Mayfair Village Shopping Centre (front carpark),

Manly Road, Manly West - **some uphill walking.**

UBD Map 163 B 13/14

MONDAY AFTERNOON WALKS

3.30 PM START

All afternoon, Saturday morning & evening walks are a circuit and approximately 1½ hours in duration. The distance varies with mostly flat terrain following paths and bikepaths. All walks are a circuit.

A 17. NORMAN PARK – PALATINE HILL CIRCUIT – this is a surprising walk through parkland and Seven Hills with glimpses of the city and surrounds - **some uphill walking**..

Meet Norman Park Railway Station

UBD Map 24 J 12

A 18. RANSOME TINGALPA CREEK RESERVE WALK This walk is through bushland and boardwalk along Tingalpa Ck.

Meet Carpark end of Chadwell Street

UBD Map 183 L 5

A 19. SHE OAK PARK, CARINA – a pleasant start through Meadowlands Picnic Grounds before a slight rise to She Oak Park and then enjoy the bushland shadows in the afternoon.

Meet Meadowlands Picnic Ground, Meadowlands Rd, Carina (Belmont Road side of bridge).

UBD Map 182 D 1

A 20. TINGALPA, CARMICHAEL PARK CIRCUIT – a mixture of sporting fields, parkland, bushland and a view of Bulimba Creek.

Meet Kianawah Park, Wynnum Road, Tingalpa

UBD Map 162 E 13

A 21. WHITES HILL LAGOON WALK – a walk along the trail through bushland to the lagoon - **some uphill walking**.

Meet Ara Street, behind shops at Camp Hill Marketplace.

UBD Map 181 C 5

A 22. WYNNUM BIRDHIDE CIRCUIT – walk through mangroves & along the boardwalk to the Birdhide at low tide

Meet Glenora Street Playground – waterfront end

UBD Map 143 H16

A 23. WYNNUM BOARDWALK CIRCUIT – as the sun starts setting on Moreton Bay we pass the well-known Wynnum Fish Markets on our way to the mangrove boardwalk. Also an option of a bird hide or a 180 degree view of the bay.

Meet Wynnum Wading Pool

UBD Map 143 K 1

EVENING WALKS BRISBANE CITY

5.30PM START, MEET - Wheel of Brisbane

E 1. THORNTON STREET CIRCUIT – Walk along the top of Kangaroo Point Cliffs to Thornton Street and return along the river.

E 2. SUNCORP STADIUM (MILTON CIRCUIT) – Cross the Go Between Bridge to the North side of the river accessing Milton Road via the station. Return via Caxton Mall and Upper Roma Street.

E 3. DORNOCH TERRACE CIRCUIT - Walk through the streets of West End to Highgate Hill Park to catch the views and return via Gladstone Road. **some uphill walking**

EVENING WALKS BRISBANE CITY
5.30PM START - MEET - Wheel of Brisbane

All afternoon, Saturday morning & evening walks are a circuit and approximately 1½ hours in duration. The distance varies with mostly flat terrain following paths and bikepaths.

E 4. THE BRIDGES WALK – Walk along the riverbank crossing some of the many bridges in both directions.

E 5. YORKS HOLLOW CIRCUIT – Walk through inner city streets and parkland then continue to Yorks Hollow.

E 6. SOUTH BANK CIRCUIT – Walk through South Bank Parklands and Kangaroo Point. Cross Goodwill Bridge and continue along the north side of river.e.

E 7. DAVIES PARK, SOUTH BRISBANE CIRCUIT – Walk along the south bank of the river to Davies Park and return via the streets of South Brisbane.

E 8. CITY FERRY CIRCUIT – Catch the Citycat from South Bank 1 ferry terminal to Sydney Street then walk back along the floating walkway & through the Botanic Gardens.

E 9. WOOLLOONGABBA CIRCUIT some uphill walking – Walk through the streets of South Brisbane and Woolloongabba returning via Mater Hill.

E 10. CITY PARKS BY NIGHT – some uphill walking – Walk through many parks in the inner-city area and along the historic streets of Spring Hill.

E 11. BOTANIC GARDENS, RIVERSIDE, KANGAROO POINT CLIFFS WALK – walk through the City Botanic Gardens then catch a ferry to Holman Street and return via the Kangaroo Point cliffs.

E 12. CITY TUNNELS WALK - Cross the Goodwill Bridge, walk along streets, laneways and tunnels to Wickham Terrace and return via city parks and the Victoria Bridge.

E 13. RIVERSIDE CIRCUIT - Cross the Goodwill Bridge through the City Gardens to Riverside and return via city streets.

E 14. HIGHGATE HILL CIRCUIT some uphill walking – walk along the river then continue through streets of West End to Highgate Hill returning through South Brisbane.

E 15. ROMA STREET PARKLANDS - Cross the Victoria Bridge and continue to Roma Street Parklands, returning via King George Square.

EVENING WALKS 7 PM START

E 16. TOOHEY FOREST - A guided walk of approximately 1½ hours through Griffith University Campus.

Distance Varies, rough terrain, bush tracks, **uphill walking**

Meet QEII Hospital car park

UBD Map 200 H 11

Finish Return to starting point.

SATURDAY MORNING - BAYSIDE WALKS

S 1. BAYCHESTER LAGOON, WAKERLEY CIRCUIT is a mixture of wetlands, parklands and a new estate with a pleasant walk around the lagoon - **some uphill walking**

Meet Small park, Gordon Crescent off Arenga Street

UBD Map 162 R 16

SATURDAY MORNING - BAYSIDE WALKS

All afternoon, Saturday morning & evening walks are a circuit and approximately 1½ hours in duration. The distance varies with mostly flat terrain following paths and bikepaths.

S 2. BELMONT – MINNIPPI CIRCUIT walk through pedestrian underpass to Meadowlands Parkland and continue on walking paths to walk around Minnippi Lake and return

Meet Near pedestrian freeway underpass in Ambara St. Belmont

UBD Map 162 E20

S 3. BELMONT SHE OAK CIRCUIT

Meet Burstall Ave at Park/Playground behind Belmont Shops

UBD Map 162 F18

S 4. BULIMBA, TENERIFFE CIRCUIT – Cross the river to Teneriffe and enjoy a pleasant walk beside the river -

Meet Bulimba Ferry, Oxford Street

UBD Map 160 J 3 **some uphill walking.**

S 5. BULIMBA - VARIATION – CHOICE CIRCUIT - There is the choice of either a flat walk or a variation which includes some hills - **some uphill walking (optional).**

Meet Bulimba Memorial Park Cnr Oxford & Stuart Streets, Bulimba

UBD Map 20 F 5

S 6. CANNON HILL WALK – COLMSLIE BEACH – walk by Perrin Creek to the Colmslie Beach Reserve by the river. (See the avenue of trees along the entrance to the reserve).

Meet Cannon Hill Railway Station Carpark

UBD Map 161 G 9 **some uphill walking**

S 7. CANNON HILL WALK – METROPLEX – an enjoyable walk through the Park Hill Village to the Metroplex Wetlands by the river - **some uphill walking.**

Meet Cannon Hill Railway Station

UBD Map 161 G 9

S 8. CARINA WALK – BELMONT, TINGALPA - A parks and suburban walk to Kianawah Park.

Meet Meadowlands Picnic Ground, Meadowlands Rd, Carina (Belmont Road side of bridge).

UBD Map 182 D 1-2

S 9. CARINA WALK – EQUINE AND RIPARIAN

Meet Meadowlands Picnic Ground, Meadowlands Rd, Carina (Belmont Road side of bridge).

UBD Map 182 D 1-2

S 10. CARINA WALK – MINNIPPI - A flat walk through parkland and around the Minnippi Lagoon with its varied birdlife.

Meet Meadowlands Picnic Ground, Meadowlands Rd, Carina (Belmont Road side of bridge).

UBD Map 182 D 1-2

S 11. CARINDALE NATURE TRAIL CIRCUIT is a mostly flat walk through parkland and bushland beside Bulimba Creek- **some uphill walking.**

Meet Carindale Bus Station Stop F

UBD Map 181 N 6

S 12. CARINDALE WALK – PHILLIPS CREEK – walk around Oates Hill and through parkland along Phillips Creek - **some uphill walking.**

Meet Carindale Bus Station Stop F

UBD Map 181 N 6

SATURDAY MORNING - BAYSIDE WALKS

All afternoon, Saturday morning & evening walks are a circuit and approximately 1½ hours in duration. The distance varies with mostly flat terrain following paths and bikepaths.

S 13. COORPAROO, BRIDGEWATER CREEK VARIATION

Meet Small park Corner Leicester Street & Newman Ave.
UBD Map 180 P 3

S 14. DURRINGTON PARK, WYNNUM WEST– A pleasant mostly flat walk through parks and bushland.

Meet Wynnum Plaza, Plaza Street end by the post boxes
UBD Map 163 B6

S 15. HEMMANT-LAGOON AND WETLAND WALK – walk around the Hemmant Lagoon followed by a stroll through the Tingalpa Wetlands - **some uphill walking**

Meet Carpark, Hemmant Reserve, Fleming Rd Hemmant
UBD Map 162 L 9

S 16. LOTA – LOTA CREEK – this is a very pleasing walk through the environs of Lota, including wildlife, a creek, a marina, Waterloo Bay, Mangroves and views - **some uphill walking**

Meet Lota (Camping Reserve). Park opp. Alexander Street
UBD Map 163 R 10/11

S 17. LOTA - BOARDWALK CIRCUIT - A quiet walk along Lota Creek and across the boardwalk to the Ransome Bushland.

Meet Start of boardwalk, Whites Rd opp. Arakuata St
UBD Map 163 N 13

S 18. METROPLEX BRIDGE SUMMIT WALK, QUEENSPORT – Follow the path along the river under the Gateway and onto the bridge for great views.

Meet Metroplex Avenue – river end, Queensport
UBD Map 161 L 2

S 19 MOSSVALE CIRCUIT, WAKERLEY – A pleasant walk on paths through bushland and nearby estate.

Meet Gumdale Shopping Centre, cnr New Cleveland & Tilley Roads
UBD Map 162 R 20

S 20. MOWBRAY PARK TO SOUTH BANK – a nice walk along the river and under the Kangaroo Point cliffs.

Meet Mowbray Park Ferry stop, Lytton Road
UBD Map 23 J 10

S 21. RANSOME TINGALPA CREEK RESERVE WALK – This walk is through bushland and boardwalk along Tingalpa Creek.

Meet Carpark end of Chadwell Street
UBD Map 183 L 5

S 22. SHE OAK PARK, CARINA - CIRCUIT – a pleasant start through Meadowlands Picnic Grounds before a slight rise to She Oak Park

Meet Meadowlands Picnic Ground, Meadowlands Rd, Carina (Belmont Road side of bridge).
UBD Map 182 D 1-2 - **some uphill walking**.

S 23. WHITES HILL LAGOON WALK – a walk along the trail through bushland to the lagoon - **some uphill walking**

Meet Ara Street, behind shops at Camp Hill Marketplace.
UBD Map 181 C 5

SATURDAY MORNING - BAYSIDE WALKS

All afternoon, Saturday morning & evening walks are a circuit and approximately 1½ hours in duration. The distance varies with mostly flat terrain following paths and bikepaths.

S 24. WYNNUM BIRDHIDE CIRCUIT – walk through mangroves & along the boardwalk to the Birdhide at low tide

Meet Glenora Street Playground – waterfront end

UBD Map 143 H16

S 25. WYNNUM WALK – BOARDWALK – walk along the esplanade with abundant birdlife.

Meet Wynnum Wading Pool

UBD Map 143 K 19

SATURDAY MORNING – SOUTHSIDE WALKS

S 26. BERRINBA WETLANDS CIRCUIT – designed to protect the natural environment this is a must see for nature lovers

Meet Aquatic Street near Pebbles Court Berrinba

UBD Map 241 B15

S 27. CALAMVALE WALK 1. – This is an easy stroll around the parks and streets of Calamvale admiring gardens and taking time to listen to the birds.

Meet Shopping Centre, Cnr Beaudesert Rd & Kameruka St

UBD Map 220 G 19/20

S 28. DAISY HILL CONSERVATION PARK – The conservation park provides eucalypt habitat for koalas and other wildlife and features many walking tracks along with the Daisy Hill Koala Centre.

Meet Car Park '2', beyond the Koala Centre

UBD 223 C 20

S 29. COOPERS PLAINS - This is an easy stroll around the parks and streets of Coopers Plains admiring gardens and taking time to listen to the birds.

Meet Beryl Roberts Park carpark, Barham St

UBD Map 200 D 13

S 30. RIVERDALE PARK, MEADOWBROOK The park is on the Logan River and has many walking tracks, lakes & lagoons.

Meet Cardwell Court Meadowbrook

UBD 262 R1

S 31. SUNNYBANK HILLS - This is an easy stroll around the parks and streets of Sunnybank Hills admiring gardens and taking time to listen to the birds.

Meet Shopping Centre, Cnr. Hellawell & Jackson Roads

UBD Map 220 F 8

S 32. KARAWATHA FOREST PARK The wet heathlands and melaleuca swamps in Karawatha Forest provide a home for many species of wildlife - birds, mammals, frogs and reptiles.

Meet Park Entrance 149 Acacia Road Karawatha

UBD Map 221 K19 **some uphill walking**

S 33. SUNNYBANK, MacGREGOR WALK - This is an easy stroll around the parks and streets of Sunnybank and MacGregor

Meet Rear Carpark, Sunny Park Shopping Centre next to MacGregor School

UBD Map 200 P 16

SATURDAY MORNING – SOUTHSIDE WALKS

All afternoon, Saturday morning & evening walks are a circuit and approximately 1½ hours in duration. The distance varies with mostly flat terrain following paths and bikepaths.

S 34. CALAMVALE WALK 2 – This is an easy stroll around the parks and streets of Calamvale admiring gardens and taking time to listen to the birds.

Meet Shopping Centre, Cnr Beaudesert & Nottingham Roads

UBD Map 240 F 2/3

S 35. TOOHEY FOREST – Build up strength and test the legs on these longer, more difficult walks which include rough terrain, bush tracks and/or some steep sections.

Phone 0457 197 664 before participating on these walks.

Meet Klumpp Road, Upper Mt Gravatt

UBD Map 201 A 8

SATURDAY MORNING NORTHSIDE WALKS

S 36. STAFFORD WALK

Meet Stafford City Shopping Centre Bus Station

UBD Map 139 J 5

S 37. TOOMBUL WALK

Meet Toombul Railway Station

UBD Map 140 L 4