

AUGUST

MONDAY 2nd

Monday afternoon walks are approx. 6 km, 1½ hours in length and are always a circuit.

3.30 pm - CARINA – MINNIPPI WALK - A flat walk through parkland and around the Minnippi Lagoon with its varied birdlife.

Meet Meadowlands Picnic Ground, Meadowlands Rd, Carina (Belmont Road side of bridge)

UBD Map 182 D 1

TUESDAY 3rd

10 am - SPRINGFIELD LAKES WALK – enjoy a walk around Springfield Lakes and continue through parkland and quiet streets. Finish with a walk through the Robelle Domain.

Distance 7 km undulating terrain

Meet Springfield Railway Station

Transport Train Springfield line departs 9.13am Central Station

Finish Springfield Central Railway Station or Orion Shopping Centre

WEDNESDAY 4th

9 am - INALA TO FOREST LAKE - A pleasant walk following the bikepaths through to the beautiful Forest Lake recreation area.

Distance 8 km mostly flat terrain, some bush tracks

Meet Inala Plaza bus stop

UBD Map 218 K 8 cont.

Transport Bus Buz Inala 100 departs 8.05am Queen St Bus Station 1a

Finish Forest Lake Shopping Village

5.30 pm - SOUTH BANK EVENING WALK – is a circuit walk lasting approximately 1½ hours, starting at South Bank Parklands.

Meet South Bank at the Wheel of Brisbane

Transport Train or bus to South Brisbane

SOUTH BANK CIRCUIT – Walk through South Bank Parklands and Kangaroo Point. Cross Goodwill Bridge and continue along the north side of river, returning via Victoria Bridge.

THURSDAY 5th

10 am - CABOOLTURE CIRCUIT - A very pleasant stroll by lakes and river along tree lined tracks amid abundant wildlife.

Distance 7.5 km mostly flat terrain

Meet Caboolture Railway Station

Transport Train Caboolture Line departs 9.07am Central Stn

Finish Return to starting point

7 pm TOOHEY FOREST - A guided walk of approximately 1½ hours through Griffith University Campus.

Distance Varies, rough terrain, bush tracks, **uphill walking**

Meet QEII Hospital car park

UBD Map 200 H 11

Finish Return to starting point

Transport times are correct at time of publication, please check Translink on 13 12 30 or visit www.translink.com.au

AUGUST

SATURDAY 7th

Saturday morning & Monday afternoon walks are approx. 6 km, 1½ hours in length and are always a circuit.

7 am - LOTA - BOARDWALK CIRCUIT - A quiet walk along Lota Creek and across the boardwalk to the Ransome Bushland.

Meet Start of boardwalk, Whites Rd opp. Arakuata St

UBD Map 163 N 13

7 am – BERRINBA WETLANDS CIRCUIT – designed to protect the natural environment this is a must see for nature lovers

Meet Aquatic Street near Pebbles Court Berrinba

UBD Map 241 B15

7 am – TOOHEY FOREST - Build up strength and test the legs on these longer, more difficult walks which include rough terrain, bush tracks and/or some steep sections.

Phone 0457 197 664 before participating on these walks.

Meet Klumpp Road, Upper Mt Gravatt

UBD Map 201 A 8

7.30 am – STAFFORD WALK

Meet Stafford City Shopping Centre Bus Station

UBD Map 139 J 5

MONDAY 9th

3.30 pm – RANSOME TINGALPA CREEK RESERVE WALK – This walk is through bushland and boardwalk along Tingalpa Creek.

Meet Carpark end of Chadwell Street

UBD Map 183 L 5

TUESDAY 10th

10 am - KARAWATHA FOREST PARK – This walk through the forest skirts outcrops of sandstone. The wet heathlands and melaleuca swamps in Karawatha Forest provide a home for many species of wildlife - birds, mammals, frogs and reptiles.

Distance 8 km approx

Meet Trinder Park Railway Station

Transport Train Beenleigh Line, departs 9.04am Central Stn.

Finish Return to railway station

WEDNESDAY 11th

PUBLIC HOLIDAY – EKKA DAY – NO WALK

THURSDAY 12th

10am - BOONDALL WETLANDS - Experience the wonders of walking in the beautiful Boondall Wetlands through a paperbark forest, mixed eucalypt woodland and across salt marshes to view the birdlife on Nundah Creek.

Distance Varies - mostly flat terrain

Meet Boondall Railway Station

UBD Map 110 Q 16

Transport Train Shorncliffe Line departs 9.13am Central Stn

Finish Return to Boondall Railway Station

5.30 pm - SOUTH BANK EVENING WALK – is a circuit walk lasting approximately 1½

hours, starting at South Bank Parklands.

Meet South Bank at the Wheel of Brisbane

Transport Train or bus to South Brisbane

DAVIES PARK, SOUTH BRISBANE CIRCUIT – Walk along the south bank of the river to Davies Park and return through the streets of South Brisbane.

7 pm TOOHEY FOREST - A guided walk of approximately 1½ hours through Griffith University Campus.

Distance Varies, rough terrain, bush tracks, **uphill walking**

Meet QEII Hospital car park

UBD Map 200 H 11

Finish Return to starting point

SATURDAY 14th

Saturday morning & Monday afternoon walks are approx. 6 km, 1½ hours in length and are always a circuit.

7 am - BAYCHESTER LAGOON CIRCUIT is a mixture of wetlands, parklands and a new estate with a pleasant walk around the lagoon - **some uphill walking**

Meet Small park, Gordon Crescent off Arenga Street

UBD Map 162 R 16

7 am – TOOHEY FOREST - Build up strength and test the legs on these longer, more difficult walks which include rough terrain, bush tracks and/or some steep sections.

Phone 0457 197 664 before participating on these walks.

Meet Klumpp Road, Upper Mt Gravatt

UBD Map 201 A 8

7.30 am – STAFFORD WALK

Meet Stafford City Shopping Centre Bus Station

UBD Map 139 J 5

MONDAY 16th

3.30 pm - BULIMBA - VARIATION – CHOICE CIRCUIT - There is the choice of either a flat walk or a variation which includes some hills

Meet Bulimba Memorial Park Cnr Oxford & Stuart Streets Bulimba

UBD Map 20 F 5 some uphill walking (optional)

TUESDAY 17th

9 am - CANNON HILL, BUSHLAND CIRCUIT – This walk is through the Cannon Hill streets, Minippi Creek bushland, continuing through the Murarrie Recreation Area & Park Hill Reserve

Distance 7.5km mostly flat terrain

Meet Cannon Hill Railway Station

Transport Train Cleveland Line departs 8.17am Central Station

Finish Return to railway station

5.30 pm - SOUTH BANK EVENING WALK – is a circuit walk lasting approximately 1½ hours, starting at South Bank Parklands.

Meet South Bank at the Wheel of Brisbane

Transport Train or bus to South Brisbane

CITY FERRY CIRCUIT – Catch the Citycat from South Bank 1 ferry terminal to Sydney Street then walk back along the floating walkway & through the Botanic Gardens.

AUGUST

WEDNESDAY 18th

10 am - WELLINGTON POINT TO CLEVELAND - This walk through Wellington Point, Ormiston and Cleveland features quiet streets, parkland, wetlands and water views.

Distance 6 km mostly flat terrain
Meet Wellington Point Railway Station
Transport Train Cleveland line departs 8.47am Central Stn.
Finish Cleveland Railway Station

THURSDAY 19th

10 am - IPSWICH WALK – Walk through the streets of Ipswich with its beautiful heritage buildings and the many parks including Queens Park with its Japanese Garden.

Distance 6 km **some uphill walking**
Meet Ipswich Railway Station, Bell Street entrance
UBD Map 213 F 15
Transport Train Ipswich Line departs 8.58 am Central Station
Finish Return to starting point

7 pm TOOHEY FOREST - A guided walk of approximately 1½ hours through Griffith University Campus.

Distance Varies, rough terrain, bush tracks, **uphill walking**
Meet QEII Hospital car park
UBD Map 200 H 11
Finish Return to starting point

SATURDAY 21st

Saturday morning & Monday afternoon walks are approx. 6 km, 1½hours in length and are always a circuit.

7 am - WYNNUM WALK – BOARDWALK – walk along the esplanade with abundant birdlife.

Meet Wynnum Wading Pool
UBD Map 143 K 19

7 am – SUNNYBANK, MacGREGOR WALK - This is an easy stroll around the parks and streets of Sunnybank and MacGregor admiring gardens and taking time to listen to the birds.

Meet Rear Carpark, Sunny Park Shopping Centre next to MacGregor School
UBD Map 200 P 16

7 am – TOOHEY FOREST - Build up strength and test the legs on these longer, more difficult walks which include rough terrain, bush tracks and/or some steep sections.

Phone 0457 197 664 before participating on these walks.

Meet Klumpp Road, Upper Mt Gravatt
UBD Map 201 A 8

7.30 am – STAFFORD WALK

Meet Stafford City Shopping Centre Bus Station
UBD Map 139 J 5

MONDAY 23rd

3.30 pm - LOTA-RANSOME CIRCUIT - A quiet walk along Lota Creek and across the boardwalk to the Ransome Bushland.

Meet Lota Railway Station
UBD Map 163 Q 11

AUGUST

TUESDAY 24th

9 am - TOOMBUL – STAFFORD WALK – walk through parklands along the bikeway which follows Kedron Brook

Distance 7km generally level with **slight uphill section**
Meet Toombul Railway Station West side at Collins Street
Transport Train Shorncliffe line departs Central Stn 8.28am
Finish Stafford City Shopping Centre

WEDNESDAY 25th

10 am - NARANGBA VALLEY TO BURPENGARY PLAZA – A gentle walk following tributaries of Burpengary Creek, through parks with a few connecting suburban streets.

Distance 6km level terrain
Meet Bus stop on Rifle Range Rd opposite Florence Ct
Transport Caboolture train departs 9.07am Central Station to Narangba. Transfer quickly to bus 663 Narangba local service departs 9.46 am to bus stop on Rifle Range Rd opposite Florence Court (if train is late wait for next bus, runs every half hour)
Finish Burpengary Plaza Shops. Buses to Burpengary Station, Caboolture and Redcliffe.

Short option The walk passes through Burpengary Station after 4kms, either leave or join the walk here

5.30 pm - SOUTH BANK EVENING WALK – is a circuit walk lasting approximately 1½ hours, starting at South Bank Parklands.

Meet South Bank at the Wheel of Brisbane
Transport Train or bus to South Brisbane

WOOLLOONGABBA CIRCUIT some uphill walking – Walk through the streets of South Brisbane and Woolloongabba returning via Mater Hill.

THURSDAY 26th

9 am - SYDNEY STREET TO HOLMAN STREET – The river walk is best started before the sun heats up, then continue beside the river to cross the Goodwill Bridge. Continue on the south bank of the river to Kangaroo Point.

Distance 6 km mostly flat terrain
Meet Sydney Street CityCat Terminal
Transport City cat (Northshore Hamilton) departs 8.25am North Quay
Finish Holman Street Ferry Terminal

7 pm TOOHEY FOREST - A guided walk of approximately 1½ hours through Griffith University Campus.

Distance Varies, rough terrain, bush tracks, **uphill walking**
Meet QEII Hospital car park
UBD Map 200 H 11
Finish Return to starting point

SATURDAY 28th

Saturday morning & Monday afternoon walks are approx. 6 km, 1½hours in length and are always a circuit.

7 am - WHITES HILL LAGOON WALK – a walk along the trail through bushland to the lagoon - **some uphill walking**

Meet Ara Street, behind shops at Camp Hill Marketplace.

7 am – TOOHEY FOREST - Build up strength and test the legs on these longer, more difficult walks which include rough terrain, bush tracks and/or some steep sections.

Phone 0457 197 664 before participating on these walks.

Meet Klumpp Road, Upper Mt Gravatt

UBD Map 201 A 8

7.30 am – TOOMBUL WALK

Meet Toombul Railway Station

UBD Map 140 L 4

MONDAY 30th

3.30 pm – CARINDALE – BULIMBA CREEK WALK

Meet Carindale Bus Station Stop F

UBD Map 181 N 6 - **some uphill walking.**

TUESDAY 31st

10 am - GOLD COAST LIGHT RAIL WALK – catch the light rail to Southport at the Gold Coast Bridge then walk the length of The Spit to the Seaway along the Federation Walk

Distance varies

Meet Helensvale Light Rail Station

Transport Train Gold Coast Line departs Central Stn 8.29am

Finish Return to starting point