SATURDAY 11th
EARLY MORNING WALKS – are approximately 1½ hours in duration. The distance varies with mostly flat terrain following paths and bikepaths. All walks are a circuit.
7 am - CARINDALE NATURE TRAIL CIRCUIT is a mostly flat walk through parkland and bushland beside Bulimba Creek- some uphill walking.
Meet Carindale Bus Station. Stop F
UBD Map 181 N 6
7 am – TOOHEY FOREST – Build up strength and test the legs on these longer, more difficult walks which include rough terrain, bush tracks and/or some steep sections.
Phone 0457 197 664 before participating on this walk.
Meet Klumpp Road, Upper Mt Gravatt
UBD Map 201 A 8
7.30 am – STAFFORD WALK
Meet Stafford City Shopping Centre Bus Station.
UBD Map 139 J 5

MONDAY 13th
3.30 pm - BAYCHESTER LAGOON CIRCUIT is a mixture of wetlands, parklands and a new estate with a pleasant walk around the lagoon - some uphill walking.
Meet Small park, Gordon Crescent off Arenga Street
UBD Map 162 R 16

TUESDAY 14th
10 am - KANGAROO POINT TO TOOWONG – walk beside the Kangaroo Point Cliffs, cross the river and continue along the north bank of the river.
Distance 7.5 km mostly flat terrain
Meet Thornton Street Ferry Terminal
Transport Ferry departs 9.44am Eagle Street Pier (departs approximately every 10 minutes)
Finish Regatta, Toowong
5.30 pm - SOUTH BANK EVENING WALK – is a circuit walk lasting approximately 1½ hours, starting and finishing at South Bank Parklands.
Meet South Bank at the Wheel of Brisbane
Transport Train or bus to South Brisbane
FOUR BRIDGES WALK – Walk from one side of the river to the other on William Jolly, Go Between, Kurilpa and Victoria Bridges.

WEDNESDAY 15th
10 am – CLEVELAND, RABY BAY CIRCUIT – A pleasant walk, capturing stunning views and cool bay breezes.
Distance 6 km one slight incline & one downhill section
Meet Cleveland Railway Station.
Transport Train Cleveland Line departs 8.47am Central Stn.
Finish Return to starting point

THURSDAY 16th
10 am - NARANGBA VALLEY TO BURPENGARY PLAZA – A gentle walk following tributaries of Burpengary Creek, through parks with a few connecting suburban streets.
Distance 6km level terrain
Meet Narangba Rail Station. bus stop
Transport  Caboolture train departs 9.07am Central Station. to Narangba. Transfer quickly to bus 663 Narangba local service departs 9.46 am to bus stop Rifle Range Rd near Lilly Mac Ct (if train is late wait for next bus 10.16am, runs every half hour)

Finish  Burpengary Plaza Shops. Buses to Burpengary Station., Caboolture and Redcliffe.

Short options  The walk passes through Burpengary Station. after 4kms, this is an opportunity to either leave or join the walk.

7 pm TOOHEY FOREST  - A guided walk of approximately 1½ hours through Griffith University Campus.

Distance  Varies, rough terrain, bush tracks and uphill walking
Meet  QEII Hospital car park
UBD  Map 200 H 11
Finish  Return to starting point

SATURDAY 18th

7 am – KARAWATHA FOREST PARK - ILLAWEENA STREET  The wet heathlands and melaleuca swamps in Karawatha Forest provide a home for many species of wildlife - birds, mammals, frogs and reptiles.

Meet  Stretton Recreation Reserve, Illaweena St
UBD  240 Q7

7 am - MOSSVALE CIRCUIT – A pleasant walk on paths through bushland and new estate.

Meet  Gumdale Shopping Centre, cnr New Cleveland & Tilley Roads
UBD  Map 162 R 20

7 am – TOOHEY FOREST – Build up strength and test the legs on these longer, more difficult walks which include rough terrain, bush tracks and/or some steep sections.

Phone 0457 197 664 before participating on this walk.

Meet  Klumpp Road, Upper Mt Gravatt
UBD  Map 201 A 8

7.30 am – STAFFORD WALK

Meet  Stafford City Shopping Centre Bus Station.
UBD  Map 139 J 5

MONDAY 20th

3.30 pm - BULIMBA - VARIATION – CHOICE CIRCUIT - There is the choice of either a flat walk or a variation which includes some hills

Meet  Bulimba Memorial Park Cnr Oxford & Stuart St.
UBD  Map 20 F 5 some uphill walking (optional)

TUESDAY 21st

10 am - REDLAND BAY CIRCUIT – A walk along the foreshore, bushland and parklands in beautiful Redland Bay area.

Distance  7 km mostly flat terrain
Meet  Bus Stop Redland Bay shops
UBD  Map 226 M 14

Transport  (1) Bus Veolia 250 departs 8.46am Carindale Interchange Stop J
(2) Bus 280 departs Upper Mt Gravatt  8.54am
(3)Train Cleveland Line departs  8.17am Central Station, arrives Cleveland 9.20am transfer to Bus 250 departs 9.27 am from Shore Street

Finish  Return to starting point
WEDNESDAY 22nd

10 am - ORIEL PARK, ASCOT CIRCUIT – Stroll along the streets of Hamilton and Ascot observing some of the grand dwellings and admire the view of the city from Bartleys Hill Reservoir.

**Distance** 8 km some uphill walking  
**Meet** Bus stop 27, Oriel Park, Ascot  
**UBD** Map 140 L 13  
**Transport** Bus 300 Toombul (Hamilton) departs 9.15am city stop 23 Adelaide Street  
**Finish** Oriel Park, Ascot  

5.30 pm - SOUTH BANK EVENING WALK – is a circuit walk lasting approximately 1½ hours, starting and finishing at South Bank Parklands.

**Meet** South Bank at the Wheel of Brisbane  
**Transport** Train or bus to South Brisbane  
**RIVERSIDE CIRCUIT** - Cross the Goodwill Bridge through the City Gardens to Riverside and return via city streets.

THURSDAY 23rd

10 am - CHAPEL HILL TO SLAUGHTER FALLS – Follow the path through Brisbane Forest Park to the Mt Coot-tha summit for spectacular views of Brisbane before descending along the Mahogany Trail to the J C Slaughter Falls picnic area and Mt Coot-tha Botanic Gardens.

**Distance** 6 km **some steep up and down hill walking** and bush tracks  
**Meet** Chapel Woods Bus Stop, Fleming Road, near Birchley Street  
**UBD** Map 177 P 2  
**Transport** Bus Chapel Hill Cityxpress 425 departs 9.05am Queen St Bus Station. 2c  
**Finish** Mt Coot-tha bus stop  
**Short Option** Leave or join the walk at Mt Coot-tha Summit Lookout. Bus 471 departs 10.35am Adelaide St stop 41 opposite City Hall. There is now a free shuttle bus 480 with three stops near the Mahogany Trail, running every 20 minutes to the Botanic Gardens.

7 pm TOOHEY FOREST - A guided walk of approximately 1½ hours through Griffith University Campus.

**Distance** Varies, rough terrain, bush tracks and **uphill walking**  
**Meet** QEII Hospital car park  
**UBD** Map 200 H 11  
**Finish** Return to starting point

SATURDAY 25th

7 am - MOWBRAY PARK TO SOUTH BANK – a nice walk along the river and under the Kangaroo Point cliffs.

**Meet** Mowbray Park Ferry stop, Lytton Road  
**7 am – TOOHEY FOREST** – Build up strength and test the legs on these longer, more difficult walks which include rough terrain, bush tracks and/or some steep sections.

**Phone 0457 197 664 before participating on this walk.**

**Meet** Klumpp Road, Upper Mt Gravatt  
**UBD** Map 201 A 8  

7.30 am – TOOMBUL WALK  
**Meet** Toombul Railway Station.  
**UBD** Map 140 L 4

MONDAY 27th

3.30 pm - CARINA WALK – DAIRY SWAMP - a quiet bushland and wetland walk
accompanied by bird songs and passing an interesting horse property - some uphill walking.

Meet Meadowlands Picnic Ground, Meadowlands Rd, Carina (Belmont Road side of bridge)

UBD Map 182 D 1

TUESDAY 28th

10 am – ASHGROVE NEWMARKET WALK - Walk through parklands in Ashgrove and Newmarket along bikeways following Enoggera and Ithaca Creeks

Distance 7km mostly flat terrain

Meet Stewart Place corner Waterworks and Stewart Roads Ashgrove

UBD Map 139 A20

Transport Bus cityxpress Aspley 350 departs 9.37am Stop 9 Ann Street far side of Edward Street and 9.40am Roma St Busway PL1 to "Ashgrove" bus stop

Finish Return to starting point

WEDNESDAY 29th

10 am – COOCHIE MUD LO ISLAND - is a small island off the coast from Victoria Point, a perfect place to enjoy walks along the sandy beaches, the bush tracks and amongst the mangroves.

Distance Varies – mostly flat terrain and some beach walking

Meet Victoria Point Jetty, Coochiemudlo Island Ferry departs 10 am

UBD Map 227 A 1

Transport Veolia Bus route 270 departs 9.01am Carindale Interchange stop J. Arrives Victoria Pt Jetty 9.55am

Finish Return to Victoria Point. Ferry runs from island every half hour. Bus returns to the City departing Victoria Point Jetty every hour on the hour.

BYO lunch and enjoy a picnic on Coochie.

THURSDAY 30th

10 am - CARINDALE TO CANNON HILL - Follow the bikepath along the course of Bulimba Creek to finish at Cannon Hill.

Distance 8 km mostly flat terrain

Meet Carindale Shopping Centre bus Stn. Bus Stop A

UBD Map 181 N6

Transport Buz Bus Carindale 200 departs 8.16am Queen Street Bus Station. 3b

Finish Cannon Hill Shopping Centre Bus Station.

5.30 pm - SOUTH BANK EVENING WALK – is a circuit walk lasting approximately 1½ hours, starting and finishing at South Bank Parklands.

Meet South Bank at the Wheel of Brisbane

Transport Train or bus to South Brisbane

HIGHGATE HILL CIRCUIT some uphill walking – walk along the river then continue through streets of West End to Highgate Hill returning through South Brisbane.

7 pm TOOHEY FOREST - A guided walk of approximately 1½ hours through Griffith University Campus.

Distance Varies, rough terrain, bush tracks and uphill walking

Meet QEII Hospital car park

UBD Map 200 H 11

Finish Return to starting point